

EMCDC Newsletter

(919) 779-0316

Email: ernestmyattcdc@yahoo.com

February 2009

Happy Valentine's Day!!

February is Dental Health Month!

Make good dental care a family habit!
Brush at least two times a day, floss everyday,
and get regular dental check-ups.

Library Time:

Our library lady will visit for story time on
Tuesday, February 17th.

Picture Day:

New Image Photography will take individual
and class pictures on Tuesday, March 3rd.

Inclement Weather:

We hope everyone enjoyed the recent snow!

As a reminder, on the FIRST day of snow, we
follow the decision of Wake Co. Schools, and
then make a decision each day thereafter.
During this past snow, we decided to follow
Wake County's decision for the 2nd day also.
We will announce our closing on WRAL
Channel 5. If you are ever in doubt, call the
Center and listen to the recorded message.

If we are following Wake Co. Schools and they
are on a 2-hour delay, our Center opens 2 hours
later than normal, at 9:15 am.

The Center will close on the same schedule as
Wake Co. Elementary Schools when closings
occur during business hours.

How Sick is Too Sick?

(Excerpts from NC Child Care Health & Safety
Bulletin, Jan. 2009)

Colds, flu, strep throat, tummy bugs, and more
serious infections are common during the
winter months, especially in childcare settings.
Children and adults are in close proximity to
one another most of the day. As they share
toys, books, & games, they may also share the
germs that make people sick.

Good hygiene practices reduce the spread of
infectious diseases. Washing hands after
diapering and toileting, along with sanitizing,
helps to keep disease-causing germs at bay.

Infectious and contagious diseases are covered
in NC Child Care Rules. They specify
requirements for exclusion from childcare to
protect other children and adults. Children
should be excluded when they have the
following symptoms: A temperature of 100
degrees or more taken under the arm, sudden
onset of diarrhea, two or more episodes of
vomiting within a 12-hour period. They should
also be excluded for the following diseases:
Scabies, strep throat, impetigo, hepatitis,
pertussis, chicken pox, red eye (or "pink eye").

Some children may not be contagious, but may
be too sick to participate in regular center
activities. If this is the case, they should be
excluded from school also.

February Classroom Information:

2's Class

It's already February!

This month you'll see lots of hearts, red and pink, and the number 2. These are all our topics for this month.

The tooth fairy may drop in, along with the library lady to read us a few stories.

We would like to send special Birthday wishes to Gabriel on the 11th and Ms. JoAnna on the 21st!

Ms. Sheron & Ms. Ashley

3's Class

This month the class will have lots of activities planned.

The topics for this month are:

Dental Health

Valentine's Day

Colors - white & purple

Shape - heart

Number - 2

Letters - O, P, Q, & R

We will not be having a large Valentine's party this year with a sign-up sheet. Instead, we will be making our treat at school. If any parents are interested in bringing a special treat to share with the class sometime this month, just let me know.

Thanks to the parents for taking the time to meet with me about your child's progress. Just a reminder: If you ever have any questions or concerns, please don't hesitate to contact me. I am always available between 1 – 3 pm.

Happy Birthday to Ms. JoAnna on the 21st!

Happy Valentine's Day!

Ms. Renee

3's & 4's Class

February is already here and there is love in the air!

Our class will be busy this month learning about Dental health, Valentine's day, Community helpers, and the letters Q, R, & S.

If any of the parents would like to bring in a special snack during the month of February, please feel free to and let me know.

For our Valentine's Day snack, the class will be making cookies. There will be a sign-up sheet posted soon for parents to bring things to help decorate the cookies if you would like to.

Happy Birthday wishes go out to Ryan (11th) and Ms. JoAnna (21st)!

Ms. Jennifer

4's & 5's Class

Our topics for February are:

Feb. 2 – 6: Hibernation

Feb. 9 – 14: Valentine's Day & Letter "Bb"

Feb. 16 – 20: Dental Health & Letter "Dd"

Feb. 23 – 27: Transportation & Letter "Cc"

Dates to Remember:

Feb. 17th – Library Lady visits

March 3rd – Picture Day

May 28th – Graduation

Please make sure that your child has a complete change of clothing in their cubby and that they have a winter coat, hat, and gloves for outside play.

Our class would like to wish a Happy Birthday to: Sydney (8th), DJ (20th), & Ms. JoAnna (21st)!

Ms. Sheila & Ms. Debbie